



Aloha • Cornelius • Forest Grove • Hillsboro

Village Without Walls



April '24

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Easter</i>	Easter Monday 1 Strength & Balance 9:15a - F Senior Stretch 10:15a - F Active Adult Strength 11a - H Remembering Series 1950 - 1970 2p - Z	2 Better Brains and Balance 9a - H Walk at Fernhill Wetlands - 10a F	3 Strength & Balance 10a - F Active Adult Strength 11a - H	4 Walk at Fernhill Wetlands - 9a - F Better Brains and Balance - 9a - H Senior Stretch 10:15a - F	5 Strength & Balance 10a - F VWW Virtual Happy Hour - 4p - Z Portland Opera Play On: Shakespeare in Music - 7:30p - H	6 Great Decisions <i>High Seas Treaty</i> 10a - H Author Discussion <i>Aging into Poverty</i> 11a - H
7	8 Strength & Balance 9:15a - F Senior Stretch 10:15a - F Active Adult Strength 11a - H VIVA VILLAGE Travel Talk <i>Bordeaux & South-west France</i> 7p - V	<i>Eid al-Fitr</i> 9 Better Brains and Balance 9a - H Walk at Fernhill Wetlands - 10a - F	10 Strength & Balance 10a - F Active Adult Strength 11a - H	11 Walk Fernhill Wetlands 9a F Better Brains and Balance - 9a - H Senior Stretch 10:15a - F	12 Strength & Balance 10a - F VWW Virtual Happy Hour - 4p - Z	13
 14	<i>Tax Day!</i> 15 Strength & Balance 9:15a - F Senior Stretch 10:15a - F Active Adult Strength 11a - H Meet in the Moment Memory Cafe 1:30p F Remembering Series 1950 - 1970 2p - Z	16 Better Brains and Balance 9a - H Walk at Fernhill Wetlands - 10a F In-Person Coffee Hour 10:30a - H	17 Strength & Balance 10a - F Active Adult Strength 11a - H	18 Walk at Fernhill Wetlands - 9a - F Better Brains and Balance - 9a - H Senior Stretch 10:15a - F RIVERWEST VILLAGE 3rd Thursday film: <i>Minari</i> - 10a - Z	19 Strength & Balance 10a - F VWW Virtual Happy Hour - 4p - Z	20  Great Decisions <i>U.S.- China Trade Rivalry</i> - 10a - H
21	<i>Passover</i> 22 Strength & Balance 9:15a - F Senior Stretch 10:15a - F Active Adult Strength 11a - H  <i>Earth Day</i>	23 Better Brains and Balance 9a - H Walk at Fernhill Wetlands - 10a F	24 Strength & Balance 10a - F Active Adult Strength 11a - H	25 Walk Fernhill Wetlands 9a F Better Brains and Balance - 9a - H Senior Stretch 10:15a - F	26 Strength & Balance 10a - F Village In-Person Happy Hour 3p - H Virtual Happy Hour - 4p - Z	27
28	29 Strength & Balance 9:15a - F Senior Stretch 10:15a - F Active Adult Strength 11a - H	30 Better Brains and Balance 9a - H Walk at Fernhill Wetlands - 10a F	Wanna Play Around? Bingo W, 5:30p Lotería - en español..... W, 1:30p Bunco F, 1p Mahjong M / F, 1p Duplicate Bridge M, 11:30a Mex Train Dominoes ... M, 9:30a Cribbage..... W 1p; Th, 12:30p Nickle Bingo..... M, 9a GAMES RANGE FROM FREE TO \$1 Hillsboro Senior Center - H			Key: A Aloha B Beaverton C Cornelius H Hillsboro F Forest Grove P Portland V Virtual Z Zoom online Silver = Free Gold = Fee

**VWW Live and Online Events**

(Check the [Village Event Calendar](#) for more information.)

VWW Virtual Village Happy Hour, Fri, Apr 5, 12, 19, & 26, 4 pm. Come share your news and laugh a little. Get to know other members and volunteers. Join at [this link](#) or call 253-215-8782 (audio only). *Everyone welcome.*

Remembering Series, Mon, Apr 1 & 15, 2 – 3:30 pm, online. *For members and volunteers.* The “Remembering” series is led by Sarah Bobson, VWW volunteer, which focuses on years 1950 – 1970. We look at pictures, listen to music, watch clips of movies and television shows and commercials of the decade, and much more. We not only journey back through our own lives but we also hear the memories and experiences of others in the group. Check the [website calendar](#) for the Zoom link.

Shared! VWW In-Person Coffee Hour, Tues, Apr 16, 10:30 – 11:30 am, Tous les Jours - Orenco Station, 6221 NE Cornell Rd, Hillsboro. Informal social gathering on the third Tuesday of each month at 10:30 am. A great way to get acquainted and visit with fellow members and volunteers. **Not a Villager?** Drop by to meet us. Everyone welcome! French/Korean bakery with coffee, tea and other treats available for purchase. Look for our table in the seating area.

Village In-Person Happy Hour, Fri, Apr 26, 3 – 5 pm, Copper River Restaurant, 7370 NE Cornell Rd, Hillsboro. *Join us for the best in-person happy hour in town!* Spend time with Village members, volunteers and friends. We have reservations for a table in the ‘extended area’, which is indoors but only has one row of tables in a separate room.

EVENTS Hosted by Other Villages
(Villages NW Members & Volunteers Only)

Bordeaux and Southwest France (Online Travel Talk), Hosted by Viva Village, Mon, Apr 8, 7- 8 pm. Register on [vivavillage.org](#), or contact the office at 503-746-5082 or email [vivavillageevents@gmail.com](#), for the Zoom link. Viva Villager, Gerry Lukos, takes us on a virtual visit to Bordeaux and Southwest France.

Minari: Third Thursday Movie Discussion, Thurs, Apr 18, 10 am. Hosted by RiverWest Village. A tender and sweeping story about what roots us,

Minari – the 2020 Golden Globe Award winner for Best Foreign Picture – follows a Korean American family that moves to a tiny Arkansas farm in search of their own American Dream. The family home changes completely with the arrival of their sly, foul-mouthed, but incredibly loving grandmother. Minari shows the undeniable resilience of the family and what it means to make a home. Watch ahead of time on Kanopy (or other streaming service), then join the discussion on [Zoom](#).

**LIVE FITNESS**

Active Adult Strength, Mon & Wed, 11 am, Hidden Creek Community Center, 5100 NE Hidden Creek Drive, Hillsboro. Strength, endurance, mobility, and flexibility are components of the workout. Chairs are available for support. \$6 resident, \$8 non-resident.

Better Brains and Balance, Tues & Thurs, 9 – 9:50 am, Hillsboro Senior Community Center, 750 SE 8th Ave, Hillsboro. Tai Chi, brain games and balance exercises. Check in at front desk prior to class. \$4 Resident, \$6 Non-Resident.

Trainer Deanne Michaud holds free classes for Silver&Fit and Silver Sneakers participants. Call Deanne at 503-799-8283 about credentials or class information. First class is free.

- **Senior Stretch, Mon & Thurs, 10:15 – 11 am, Forest Grove Senior & Community Center,** 2037 Douglas St, Forest Grove.
- **Strength & Balance, Mon, 9:15 – 10 am; and Wed & Fri 10 – 10:45 am, Forest Grove Senior & Community Center,** 2037 Douglas St, Forest Grove.
- **Walk Group @ Fernhill Wetlands, Tues 10 – 10:45 am & Thurs 9 – 9:45 am, Fernhill Wetlands,** 1399 SW Fern Hill Rd, Forest Grove.

Online and Live Community Events

Live! Portland Opera presents “Play On: Shakespeare in Music”, Fri, Apr 5, 7:30 – 9:30 pm, Walters Cultural Arts Center, 537 E Main St, Hillsboro. “Give me some music!” quoth Shakespeare, and who are we to deny the man his melodies? In this lush evening of song, the Portland Opera Resident Artists present selections sure to satisfy every Shakespeare loving musicophile. Purchase tickets (\$10 advance/\$12 day of show) [here](#).

Live! Aging Into Poverty, Sat, Apr 6, 11 am – 12 pm, Hillsboro Shute Library, 775 SE 10th Ave, Hillsboro. Kathy Sharp will discuss her book *Aging Into Poverty*. One in five of us will need significant assistance with the activities of daily living or long-term care for more than five years, costing as much as \$100,000 per year, but about 50% of women ages 55 to 66 have no personal retirement savings. Aging Into Poverty spotlights the looming crisis for American women, their families, and communities. More information about the book [here](#).



Live! Great Decisions – Discussion, Sat, Apr 6 & Apr 20, 10 am – 12 pm, Social Hall Unitarian Universalist Community Church of Washington County, 6815 NE Birch St, Hillsboro. *Apr 6th Topic: High Seas Treaty and Apr 20th Topic: U.S.–*



China Trade Rivalry. National, grassroots foreign policy discussion program discusses eight topics of current importance. Additional information about this program can be found [here](#).

Live! Meet in the Moment Memory Cafe, Mon, Apr 15, 1:30 – 3 pm, Forest Grove City Library, 2114 Pacific Ave, Forest Grove. Join us in this engaging and light-hearted activity designed for older adults with memory loss and their family care partners! Together we will play with clay and create a fun piece of art. This event is free, but space is limited, and *registration is required*. To sign up, please call Shannon at 503-846-3090 or email the Family Caregiver Support Program at [familycaregiversupport@washingtoncountyor.gov](#).



Free • Self Serve • 3 box/bag limit • Paper only

~ COMING IN MAY ~

HPD SHRED EVENT

Sat, May 4, 8am - 1pm

Across from 3083 NE 49th Place, Hillsboro

Event end time may change if trucks fill sooner.
Donations benefit Hillsboro Police Cadet Program